

# Supporting autistic people

2023 to 2027



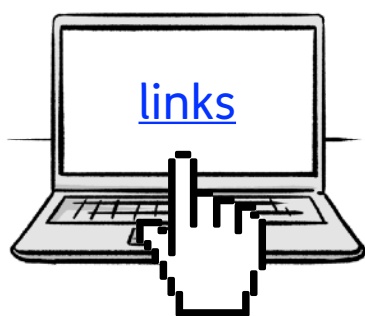
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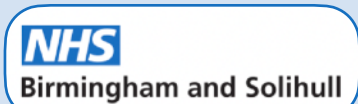


In this Easy Read document, hard words are in **bold**. We explain what these words mean in the sentence after we have used them.



Some words are blue and underlined. These are links that will go to another website which has more information.

# Introduction



This information is from Birmingham and Solihull NHS.



It is about our vision to support **autistic people** in Birmingham and Solihull.



**Autistic people** have autism. They see, hear and feel the world differently to other people.



Autistic people will have autism in different ways but there are some challenges that most autistic people face.



This information will tell you why and how we want to support autistic people over the next 5 years.

# Why we wrote this vision



We wrote this vision because we want autistic people in Birmingham and Solihull to:



- Be healthy and make the most of their lives.



- Be able to do things for themselves and be part of their local community.



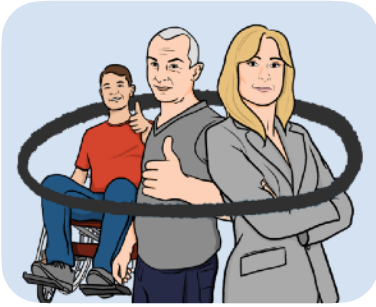
Autistic people have told us that they want to:

- Enjoy life in Birmingham and Solihull.



- Feel welcome and included in all parts of life.

Autistic people have told us that they want to:



- Have the same chances in life as everyone else.



- Get support for their needs, even while they are waiting to see a doctor to confirm they have autism.



To do this we need to make it fairer for autistic people to use services.



We need to stop autistic people missing out on chances in life because of who they are.



We wrote this vision to find ways of helping with these problems.

The vision has been written together with different people and organisations, including:



- A group of autistic people.



- Birmingham and Solihull NHS.



- Birmingham City Council.



- Solihull Council.

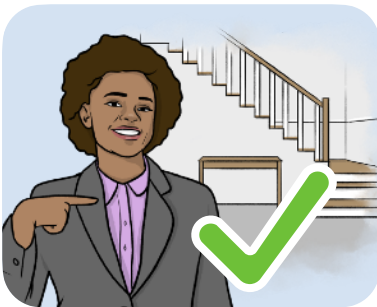


- Solihull Parent Carer Voice - this is a group of parents who care for their children.

We want to make sure that we are supporting autistic people to:



- Know what they need and how to look after themselves.



- Get the support they need to do things on their own.



- Get the right support at the right time for them.

# What we want to do



We have written a list of **priorities**.

**Priorities** are the most important things we want to work on.

## Priority 1: Including autistic people

We want to:



- Let more people know about what autism is, so that we can make services and local areas safer and more welcoming for autistic people.



- Reduce the time people wait to see a doctor to check if they have autism.



- Help people to get support faster.



We want to:



- Make it easier to use our online services.



- Make it easier for autistic people to get a job.

## Priority 2: Having good services and supporting people to choose the best service for them

We want to:



- See health and **social care** services giving good support to everyone they care for.

**Social care** is support for people who need some help with everyday life, like washing and eating.

We want to:



- Give people a choice of good services that know how to support autistic people.



- Help autistic people and their carers to be part of planning the support that they get.

## Priority 3: Supporting people in all parts of their life

We want to:



- Think about support for the families and friends of autistic people.



- Make sure that the person's needs and opinions are at the centre of decisions that are made about them.



We want to help people to make friends and connections with others.

## Priority 4: Making health and social care fairer

We want to:



- Give autistic people health checks every year.



- Make healthcare better by following advice from a report that was written after looking into the deaths of autistic people.



- Make sure services are available at the right time and that they are easy to find and use.

# What happens next



We will work with autistic people to check that we are working towards our priorities.



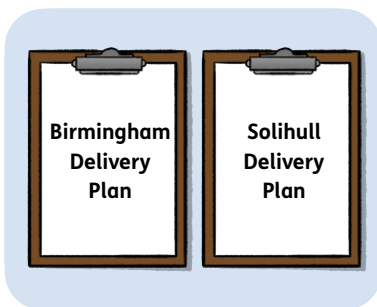
We will check that our ideas are working at different points in time.



We will make 2 plans that set out what actions we need to take.

These will be:

1. Birmingham Delivery Plan.
2. Solihull Delivery Plan.



We will write these plans together with autistic people and organisations that support autistic people.

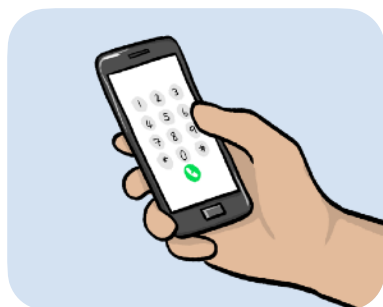
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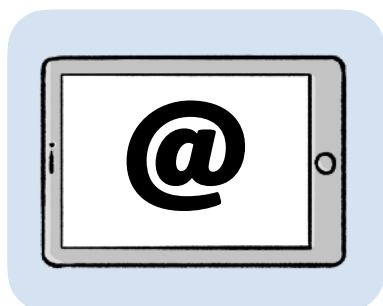
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